Successful Transition

Transition from secondary education to tertiary education is both exciting and challenging.

Get the most out of your time here!

Adjusting to life in tertiary education

Tertiary education is an adult learning environment, where you’ll need to take responsibility for your learning.

Making that adjustment can sometimes be difficult:
- being organised
- managing your time
- and the things you need to do such as assignments.

But it’s not just about study. It’s also about:
- new experiences
- new friends, and
- staying healthy and happy.
Dealing with Challenges

At times it can be overwhelming and you may find it challenging to cope with everything. Remember, help is available if you need it for things like:

- housing options
- finances or budgeting
- job preparation skills
- career or course options
- making friends
- entertainment
- healthy living tips
- dealing with stress
- learning how to relax

Student Services and the Counselling Service are here to help support you while you’re studying.

It’s also important to remember that you need to have a balance in your life – study, work, and fun. We can help with that too!

For more information – go to the Student Portal.

If you’re feeling stuck and don’t know what to do – talk to a Counsellor (it’s free and confidential). Make an appointment by calling 03 9269 1314.

Student Services, Building C, Preston campus,
77 St Georges Rd, Preston 3072

p: 03 9269 1314
f: 03 9269 1540

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