

PRESTON FITNESS CENTRE

Opening Hours:

Monday – Thursday: 6:30am – 9pm (7am-11am, 4pm-8pm Staffed)

Friday: 6:30am – 8pm (7am-11am, 4pm-8pm Staffed)

Saturday: 8am – 5pm

Direct Debit memberships

	Student	Staff	Community
Loyalty	\$16.50 f/n	\$20.50 f/n	\$24.50 f/n
Flexible	\$22 f/n	\$26 f/n	\$30 f/n

Upfront memberships

12 month	\$375	\$475	\$575
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Staff Salary deduction memberships

Loyalty	\$20.50 f/n
Flexible	\$26 f/n

Casual entry fee

Gym Session	\$12
Group Fitness	\$12
10 Visit Pass	\$100

Please email prestonfitnesscentre@ymca.org.au for details

MEMBERSHIP INCLUDES:

- Free Group Fitness Classes
- Free Fitness Assessments
- Free Personalised Program and induction



PRESTON
FITNESS CENTRE

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77 St Georges Rd, Preston VIC 3072
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E: prestonfitnesscentre@ymca.org.au

